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# Skills & Qualities of a Teacher

**Hello!** I am Irina and I am working towards pursuing a career as a teacher too. Thank you for taking the time to answer some of my questions.

I want to start by getting to know a little bit about yourself. When did you realize you would incline to become a teacher as well as what made you choose this path? What are the most valued skills and qualities needed to be a teacher and how did you personally hone those skills? Also, what is your teaching style or philosophy and what adjectives would you use to describe your presence in the classroom? How do you keep your students engaged and motivated, and how do you promote student voice and choice to help them become self-directed learners?

Looking at the situation we have been facing recently, that being the pandemic how do you feel about integrating technology into content learning? What has been the toughest part about moving your classes online furthermore how do you think your students have adapted?

I also want to ask you about pedagogical school practice in high schools or colleges. What are the students expected to be doing to pursue the same career path?

Thank you for your time. I'm looking forward to hearing feedback, and don't hesitate to contact me in the meantime if you have any questions or concerns.

**Hello** Irina,

I hope you are well.

Thank you for taking the time to email me your questions - I will do my best to answer as much as I can but please do not hesitate to contact me if you would like to know anything further :)

## **When did I realise I wanted to become a teacher?**

In all honesty, when I first watched the film Matilda - I think I must have been about 7 or 8. I fell in love with the character Miss Honey and envied the relationship Matilda had with her. I saw how much of an impact a positive role model could have on a child who wasn't loved at home and that's when I knew I wanted to help children like Matilda in the future.

## **What made me choose this career path?**

Ironically enough, my own mother went on to become a teacher a few years later (when I was about 13 or 4) so I followed in her footsteps. I saw how hard she worked and it was lovely to hear all her stories about her students - as there was always drama involved with teaching 16 and 17 years olds! I studied acting at university so I knew that standing up in front of a classroom full of students wasn't going to be an issue and I enjoyed learning about a range of subjects (as opposed to specialising in one area) so decided to go down the primary route.

## **What are the most valued skills and qualities needed to be a teacher?**

Patience, communication and empathy.

## **How did I personally hone these skills?**

I'm naturally an empathetic person so it put me at an advantage when working with children in a deprived area. I was able to 'put myself in their shoes' (as I came from a similar background) so I was able to form positive relationships with children who were labelled 'difficult' or 'tricky'.

Patience is something that I developed by focusing on my own adaptability as every day in teaching is always

different! I started by slowing down my working pace, focused on what is important to stop stressing about the small stuff and tried not to get flustered when things changed at the last moment. When it came down to communication, communicating with the children wasn't an issue as I tried my best to give the children all of my attention to ensure that they were being listened to however it was communicating with senior leaders and head teachers in a professional way which I always found tricky!

### **What is my teaching style or philosophy?**

Every child has the ability to learn, you just need to explore different ways to unlock their true potential!

Unfortunately in state schools in England, the Curriculum is very rigid and it doesn't give enough opportunities for children and teachers to explore different ways of learning as ultimately every child has to take SATs in Year 6 (a set of examinations which determine if they are working at the expected level for their age). I always found it hard to 'fail' a child who couldn't spell but who had a beautifully natural talent for drawing. In my eyes, the child who can draw is just as intelligent as a child who could solve algebra.

### **What adjectives would I use to describe my presence in the classroom?**

Firm but fair - I lost count of the the amount of times I used to hear children say this about me!

They knew that I could have a laugh with them and they could come to me with their problems but they knew I wouldn't accept or allow inappropriate behaviour - when I said enough, I meant enough.

### **How do I keep my students engaged and motivated?**

By showing them that I was a human being - I used to deliberately make mistakes to show them that it was OK to do so and how to learn from them. It kept them on their toes as they were always trying to find a mistake in my mathematical calculations or with my spelling. I also tried to incorporate their interests and names into the work I planned to hook them in to the learning.

### **How do I promote student voice and choice to help them become self-directed learners?**

I used to ask the children to give feedback on their learning over the week - how it went, what could I (as a teacher) do better, how could I help them, what did they find interesting etc. I would also block out 30 to 60 minute sessions every few weeks where the children could spend time leading their own learning. They would tell me about things they found interesting, I would point them in the right direction and let them explore. I would then request they complete a short project (such as a PowerPoint presentation or a poster) to show me what they have learnt. If they were feeling confident enough, I would also ask them to present their project to the class.

### **How do I feel about integrating technology into content learning?**

I love it!!! I used to be the Computing Subject Leader for my last school (so I'm a bit nerdy when it comes to coding and computing) and I think it has such a positive impact on the learning environment in the classroom. However, I think it is absolutely vital that the children (and parents) are made aware of the dangers of using technology and the internet especially with social media. I used to Google my students to see which of them had social media and I always breathed a sigh of relief when a child's profile went from public to private after one of my e-safety lessons :)



## **What has been the toughest part about moving my classes online?**

The lack of engagement from the most vulnerable children. Everyday we set work, made a phone call or sent a message to our children and it was always worrying when you didn't hear from a child you know was at risk. In the end, we had to do home visits to check on the welfare of families and children.

## **How do I think my students have adapted to this new way of learning?**

On the whole, the majority adapted really well. The novelty of working at home definitely wore off for some after the first few weeks but it was lovely to see some children send in photos of the projects they completed or short videos about their learning at home. It has made the whole experience of working from home a lot more personalised - they also enjoyed receiving pictures and videos of my dog which I wouldn't have normally have shown them.

## **What are the students expected to be doing to pursue the same career path?**

Sadly, quite a few of the children I have taught will probably never move out of the estate or go into the wide world of employment due to their life at home and the lack of opportunities in the local area. I always tried to promote a love of learning and frequently spoke about a variety of jobs and opportunities using examples from my own life to try and inspire them to be the best they can be!

I hope these answers help! Please do send any further questions through and I'll do my best to answer them :)

Kind regards,

Charlotte

**Matei Irina, former student, & Charlotte Fuller, English teacher**

**Coord. Prof. Pop Svetlana**



**REPORTER:** Bonjour, je suis Cohuț Antonia et je veux te poser quelques questions. Comment t'appelles-tu ? Quel âge as-tu ? Tu étudies à quelle école ?

**ÉLÈVE:** Je suis Muntean Mara, j'ai 17 ans, j'étudie au Collège National Pedagogique Mihai Eminescu.

**REPORTER:** Pourquoi as-tu choisi de travailler pendant l'année scolaire ?

**ÉLÈVE:** Parce que je veux profiter de mon temps libre et pour obtenir de l'expérience utile pour mon avenir.

**REPORTER:** Où travailles-tu ? Combien d'heures par jour travailles-tu ?

**ÉLÈVE:** Je travaille dans le commerce 4 heures par jour.

**REPORTER:** Quel est ton programme de la journée pendant la semaine ?

**ÉLÈVE:** Ma journée débute à 8 heures et jusqu'à 14 heures je suis à l'école, puis je me repose et j'étudie. À partir de 17 heures jusqu'à 22 heures je travaille, puis j'étudie de nouveau et je dors.

**REPORTER:** Ce n'est pas un programme fatigant ?

**ÉLÈVE:** Oui, c'est un programme fatigant parce que l'école demande beaucoup d'effort et le travail est épaisant.

**REPORTER:** Combien d'heures par jour apprends-tu ?

**ÉLÈVE:** J'étudie 2 heures par jour.

**REPORTER:** Penses-tu que ces heures sont suffisantes pour réussir à l'école ?



**ÉLÈVE:** Je pense qu'il me faudrait plus de temps pour étudier, mais je fais tout ce que je peux pour bien accomplir mes tâches à l'école et à mon travail.

**REPORTER:** As-tu du temps libre pour tes loisirs ?

**ÉLÈVE:** J'essaie de me reposer pendant le week-end et de profiter de ces jours pour me dédier aux activités que j'aime.

**REPORTER:** Tu veux travailler dans le commerce, dans l'éducation ou dans un autre domaine ?

**ÉLÈVE:** Je veux travailler dans le transport ferroviaire.

**REPORTER:** Merci pour le temps que tu m'as accordé et pour avoir répondu à mes questions.

**ÉLÈVE:** C'était un plaisir pour moi.

**Cohuț Trișcă Antonia, XI A**

**Coord. Prof. Pál Paraschiva**

## School in South Africa

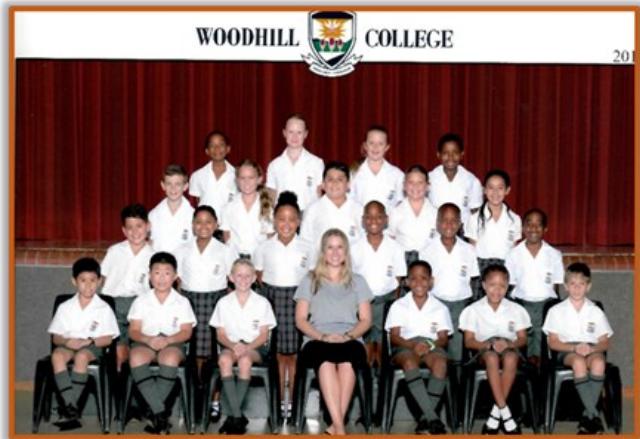
At the opposite end of the Earth, in South Africa, just like in Romania, children go to school! I also spent four years of school there! Some of the activities I took part in seemed interesting to me and I would like to share them with you!

### Organization

Every year both your teachers and your classmates change, so in a few years you will have been in the same class with all the students in your year and you will know all the teachers in the school.

### Uniforms

All students have uniforms for school and for all different activities (tennis, swimming, hockey, athletics, winter season etc.) and they had to wear them in anything school related.



### Digital books

Each student had their own tablet on which they had all their books, no need to carry big weight!

### Assembly

Every Monday morning with a mandatory participation from all the students and the charming presence of the principle of the school we use to spend one hour full of good advice, funny jokes and inspirational videos and stories. Great way to start the week!

## The Big Walk

The big walk is a fundraiser for charity. The learners are starting at the starting line in their grades with the objective of completing as many laps as possible. After an hour of hard work and dedication the race is called to an end. The learners would receive a burger. All the funds that are raised will be donated to different centers like Trauma Centre at the Garsfontein Police Station.



## Readding Buddies

Readding buddies is a program in which two or more individuals read together. The program allows older students the opportunity to develop fluency as well as a sense of pride in their accomplishments. In addition, they often come to see the value of reading. Younger students should also read to their older buddies each week, as this allows younger readers to feel a sense of accomplishment while they build fluency.



## Father's Day and Mother's Day

Every year, father's day and mother's day would be celebrated with a picnic in the auditorium. Family members and pupils could enjoy their treats, the kids would hand over the little presents made by themselves for their mother or father. There would also be short performances by the Junior choir, Marimbas and the different drumming groups.



## *Go-Kart Day*

Starting on a Friday afternoon, on the sport fields, we used to take part in Go-kart laps. That meant that every class would have half an hour and one kart to complete as many laps as they could. Of course, the winners would receive a present consisting in the permission to come to school on Monday without uniforms. The day will continue with a camping night together parents and students on the sport field. Students used to be very excited to take part in this event.



## *Pyjamas Day*

In the end of July we used to have one day in which we would come to school in our furry pyjamas (in this time of the year in South Africa it is winter therefore it isn't very warm). On this exciting day we had hot chocolate and also we used to buy books from the book sale organized by the Travelling Bookshop.



These are only a few of the activities that offered us a lot of joy during the school year. Social events develop social skills and empathy, the outward-oriented dimensions of emotional intelligence. The interactions or conversations elicited by events helps students build relationships, understand different perspectives and engage other cultures.

**Victor Neculicioiu, IX C  
Coord. Prof. Svetlana Pop**

# Advent - Geschichte und Bedeutung der Adventszeit

Die Christen haben den lateinischen Begriff „Adventus Divi“ übernommen, der so viel bedeutet wie 'Ankunft des göttlichen Herrschers' oder einfach gesagt Erwartung des Tages der Geburt Jesu Christi.

In der Adventszeit gibt es verschiedene Adventsbräuche, man macht oder kauft Adventskranz, Adventskalender. Neben den Traditionen ist es auch eine Vorbereitungszeit auf Weihnachten. Die Menschen benutzen die vier Wochen, um sich auf Weihnachten einzustimmen. Die Christen gehen in die Kirche. Die Menschen schmücken ihre Häuser und Städte. Alle Geschäfte warten ihre Kunden mit vielen Angeboten, man hat mehrere Möglichkeiten, ein gutes Geschenk zu kaufen. Die Weihnachtsmärkte sind auch sehr berühmt und beliebt, die Menschen gehen mit Freunden oder der Familie dahin und genießen die traditionelle Gerichte, Getränke und Weihnachtslieder.

Die Adventszeit ist für mich auch sehr wichtig. Meine Familie genießt

diese Zeit. Wir schmücken unser Haus innen und außen, kaufen Geschenke für die ganze Familie, backen Kuchen und traditionelle Gerichte.



Ich liebe die Adventszeit sehr, nicht nur wegen der Traditionen, sondern wegen der Wärme, die man zu dieser Zeit fühlt. Das ganze Jahr über sind wir immer sehr beschäftigt, die Erwachsenen arbeiten, die Kinder lernen, aber in der Adventszeit wird alles ruhiger, wir finden uns wieder zueinander, wir verbringen mehr Zeit zusammen. Wir sollen uns nicht nur äußerlich, sondern auch innerlich für Weihnachten vorbereiten.

*Frohe Weihnachten!*

Bakos Imola Adrienn, XI.F  
Betreuerin Kommer Erika

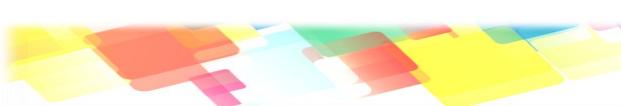
## LES FÊTES DE NOËL

Les vacances d'hiver sont une grande opportunité pour la joie, parce que la famille se réunit pendant les vacances et ceux qui travaillent à l'étranger retournent avec beaucoup de joie à leur maison.

Pendant six semaines, les chrétiens montrent leur foi en Dieu en se préparant pour cette période, ils ne consomment pas de produits d'origine animale, ils prient, ils se confessent et ils aident les personnes dans le besoin.

Les femmes travaillent dès l'aube pour la préparation des aliments, tels que : biscuits, gâteaux, rouleaux de chou farcis, saucisses, rôti de porc et d'autres produits spécifiques à chaque zone géographique de notre pays. La viande utilisée pour préparer les plats de Noël est fraîche, parce que chaque famille a sacrifié le cochon pour se préparer comme il faut pour la fête.

La sainte fête de Noël célèbre la naissance de notre Seigneur Jésus-Christ. Traditionnellement, cette



fête est célébrée dans les chansons de Noël, qui sont chantées d'abord par les enfants, la Veille de Noël puis, les jours suivants, par les adultes.

La veille de Noël, le sapin est décoré et les enfants recevront leurs cadeaux tant attendus, apportés par le vieux Père Noël.

Le premier jour de Noël, le 25 décembre, tous les croyants se rendent à l'Église et célèbrent avec toute la communauté la naissance du Seigneur, puis chacun se retire dans sa maison où ils célèbrent et se réjouissent avec leurs proches. Le repas de Noël est une tradition importante, les gens peuvent profiter finalement de leurs plats de Noël traditionnels, après une longue période de jeûne.

**Roman Georgiana, XI A**

**Coord. Prof. Pál Paraschiva**

# The Christmas Market



Every holiday season, our school organises a Christmas market, this year, it was absolutely magical. Every student took part in it, everyone did their best. Some bought cake, others bought handmade stuff or even things they got from the store so we could resell those objects. We raised money for helpless people, all the money that we made was donated to them.

The Christmas market filled the school with the beautiful aroma of traditional Christmas delicacies, and everyone was drawn to the markets by the wonderful, fantasy-like aroma that emanates from them. People can also find distinctive, unique ideas for gifts for their loved ones at these markets, where people frequently sell hand-made things. Also, don't forget about the lovely Christmas decorations.

My class was so enthusiastic about this event that we put in a lot of effort to ensure that we raised the maximum money for our school. We also had one of our classmates dress up as Santa Clause and take pictures with the small children for money, we were really inventive in every way.



Our hearts were filled with joy after the Christmas market ended. We were overjoyed because it was a huge success. Our class raised a lot of money, and we were told that we were the best of all.

**Gioadă Sonia, IX C**

**Coord. Prof. Pop Svetlana**

# Welches Geschenk kaufe ich zu Weihnachten?

Ich bin sicher, Sie haben sich alle gefragt, welche Geschenke Sie Ihren Lieben geben sollen. Mehrere Leute mögen personalisierte Geschenke. Ich möchte Ihnen einige Tipps geben, um den Kauf von Weihnachtsgeschenken zu erleichtern.

Für die Mädchen schlage ich vor, Sie kaufen einige Schmuckstücke. Ich denke, die Mädchen würden jedes Schmuckstück mögen. Ein Armband oder sogar ein Ring, aber eine Halskette oder ein Ohrring wäre ein super Geschenk. Für den besten Preis finden Sie die Juwelen über den QR-Code, am Ende der Seite.

Sie können Ihrer Freundin, Tochter oder Mutter ein Parfüm geben. Die beste Qualität und der beste Preis können in einem Geschäft namens DM erworben werden.

Jungs, ich gebe euch jetzt einen Tipp. Nehmt euren Lieben etwas für die Nägel. Glaubt mir, wenig ist manchmal mehr.

Vergiss nicht die Blumen und die Schokolade. Aber die Mädchen würden eine handschriftliche Notiz lieben, also verpassen Sie das nicht.



Normalerweise kaufe ich Shampoo oder Parfüm für Männer, aber eine personalisierte Telefonhülle oder ein Pullover wären auch ein super Geschenk.

Ich denke, eine Armbanduhr oder ein silbernes Armband wäre ein gutes Geschenk für Jungen.

Den Vätern, die gerne kochen oder im Garten kochen, biete ich eine Reihe von einem Set in Shopping City zu einem guten Preis an.

Jemandem, der ein Auto hat, würde ich etwas Zubehör für sein Auto nehmen. Dies kann auch personalisiert oder allgemein sein, z. B. ein Duft.

Sie können Ihren Freund mit einem neuen Paar Schuhern überraschen, aber nur, wenn Sie niemandem anderen ein Geschenk kaufen möchten...



**Vergessen Sie nicht: Weihnachten ist nicht über Geschenke, sondern über die Liebe!!!**



JEWELRY\_\_MADE\_BY\_ME

Adorjáni Csilla, XI.F  
Betreuerin Kommer Erika

# Unspoken Thoughts

*"Human touch. Our first form of communication. Safety, security, comfort, all in the gentle caress of a finger. Or the brush of lips on a soft cheek. It connects us when we're happy, bolsters us in times of fear, excites us in times of passion and love. We need that touch from the one we love, almost as much as we need air to breathe. But I never understood the importance of touch. His touch. Until I couldn't have it. So if you're reading this, and you're able, touch him, touch her. Life is too short to waste a second."*

## Five Feet Apart

People never realize this, never realize the importance of the person that's standing right in front of them, someone that would give them every second they have. They will always start opening their eyes when that certain person is slowly fading away.

We've all been in love, we've felt our souls fulfilled, our eyes shining just when we thought about it. We felt strong mentally because love can be just like medicine. It's incredibly powerful the way love makes you feel, the way it makes you see everything in a much more beautiful light, just as it should be.



[www.pinterest.com](http://www.pinterest.com)

Life would be perfect this way, although boring. We wouldn't have the chance to learn from every experience we have, to fix the big or minor problems. In life we go through these break-ups, something that can destroy us. We start losing hope in everything, we just feel like we will not be good enough for someone again. But, what we don't realize at that moment is that this life is so beautiful we should live every second of it. We never know what we could have learned, realized or experienced while we were sinking in our own tears. There will always be someone better, someone that will take care of our beautiful hearts, that can be "the one" or just another "lesson" before we meet "the one", because what's ours is there, waiting until we are ready for it. There will be a different type of love, a better one, like a new chance of "living" again. Every person takes this differently because we are human beings, with a different mentality and perspective. What I think is that if you feel, if you truly feel like doing something to

keep someone close to you, you should do it, because the time will come when you may regret that you haven't done that. Never listen to the people around you; they will never understand what you are feeling, they will never fully know the situation. You should also think about yourself - if you want to "do it", you need to deeply think about it, about whether it's going to help you or it's just a well-known ending. So, if you want to tell him/her what you feel, just do it, don't wait until it is over. If it's not going to be what you want, you should think that you've at least tried, you've actually tried to do or fix something; it's not your fault.

You can cry, (crying helps :)); it's okay to let it go. But never miss new opportunities, experiences or new people in your life by being in a never-ending loop in "the past".

Live, love, learn, try. Life is so short; don't waste a second and live your life to the fullest.

"One day you'll leave this world behind so live a life you will remember." (Avicii)

**Korpadi Sandra, XII D**

**Coord. Prof. Bîtcă Andreea-Maria**

# La gratitudine delle piccole cose

La gratitudine o riconoscenza è un sentimento di apprezzamento. Già l'etimologia della parola, dal latino *gratus* (riconoscente), contiene i tre percorsi di uno stesso e unico sentimento: il ricordo, l'affetto e il desiderio. Essere grati è semplice: basta guardarsi intorno per capire come ogni cosa non è lì per caso ma è lì per farci evolvere.

Alice condivide con voi le cose per cui lei è grata:

- ◆ Sono grata di aver sentito l'odore del pane appena sfornato che mi ricorda i miei nonni che vivono in campagna.
- ◆ Sono grata per il pasto con la mia famiglia.
- ◆ Sono grata per il caffè del buongiorno.
- ◆ Sono grata di poter godere dei raggi del sole.
- ◆ Sono grata di poter essere onesta indipendentemente dalle conseguenze.
- ◆ Sono grata di aver fatto una fuga in montagna.
- ◆ Sono grata di essere sano.
- ◆ Sono grata di potermi godere l'odore della pioggia.
- ◆ Sono grata di essere rimasta con mio nipote di un anno che riempie la mia anima di gioia.
- ◆ Sono grata per avere la libertà di prendere decisioni da soli.
- ◆ Sono grata per ogni persona da cui ho imparato durante la mia vita.
- ◆ Sono grata di avere il supporto per fare tutto quello che voglio.
- ◆ Sono grata di aver conosciuto tutti: i miei nonni e bisnonni.
- ◆ Sono grata per avere una sorella minore.
- ◆ Sono grata perché ogni giorno riesco a trovare almeno un motivo per cui sorridere.
- ◆ Sono grata di sapere come andare in bicicletta.
- ◆ Sono grata per poter andare avanti a prescindere dalle situazioni.



- ◆ Sono grata per avere due cani adorabili.
- ◆ Sono grata per i miei ricordi d'infanzia.
- ◆ Sono grata di essere riuscita ad ottenere tutto ciò che voglio.
- ◆ Sono grata di essere una donna e di poter dare vita.
- ◆ Sono grata per le persone che mi rendono felice.
- ◆ Sono grata per essere forte e indipendente.
- ◆ Sono grata per la vita che ho.

**Costea Renata-Alice, XII D**

**Coord. Prof. Kiss Emőke**

## New Me

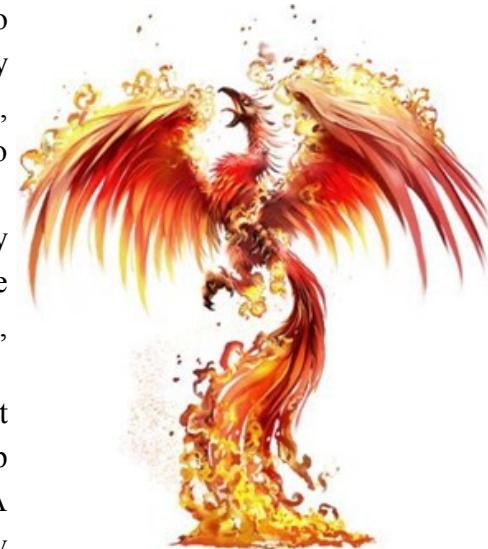
I'm 18... so my views on love and life are still limited by my youth and stupidity, because "love of my life" is starting to get a new meaning now that I'm betrayed and broken by those whom I trusted with my life. Friends I thought would protect me, but stabbed me in the back... hello Brutus I'm Caesar. To all the loves of my life I've lost, to all my Brutuses... thank you for all the wounds and scars that you've caused, thank you for forcing me to grow up, thank you for forcing me to change.

It's crazy how many loves of my life I've had so far.. it's funny because they say you only live once so therefore you only get one love of your life, but they're wrong, because with every heartbreak, I died, and a new me was born.

An everlasting, everchanging cycle of madness, of different voices in my head waiting for the right time to pop out like a snowdrop from underneath the early spring snow, and become a new person. A baptism of sorts but instead of holy water I'm drowned in my sorrow and misery, coming out clean and pure out of a pool of tears, transformed by the pain and betrayal into a new human whom I only share a name with.

I've lived many lives in one, and they were all me and they were all true. I feel a new me coming along now that she's gone... I can't wait to meet the new me... I hope she, he, they like it here more than the old me ever did.

Maybe this me will finally be happy.



[www.subpng.com](http://www.subpng.com)

**Luca Mara, XII B**

**Coord. Prof. Bîtcă Andreea-Maria**

# Time to Be Creative!

## The Trick

First, I learned to walk and speak,  
Then I learned a little trick,  
If I look up into the sky,  
My mind will fearlessly fly.  
Without a doubt  
My thoughts will shout,  
My body, my heart  
Will get too loud,  
I won't be able to escape  
And I will not want to be awake.  
A whole new world will wait for me  
Even if it's imaginary.



[www.pinterest.com](http://www.pinterest.com)

**Oltean Antonia, X C**  
**Coord. Prof. Bîtcă Andreea-Maria**

## In the Rain

Contemplating my existence every second you are not here.  
Sobbing on the floor of my room, soaked in my own misery,  
Hoping someone will hear me scream  
Even if I scream in silence...  
I'll be up there, grandpa, 'cause at least you loved me..  
Done fighting alone without an enemy,  
So pathetic to think that you ever cared for me.  
You threw me in my darkest place, now I can't let go...  
Let go of the pain you caused.  
Because that's what's left of me...  
Wondering 'Will I ever love like I did before you? '  
Cause you took it all away,  
So now I just sit in the rain.



[www.pinterest.com](http://www.pinterest.com)

**Nemeş Nikolett, XII B**  
**Coord. Prof. Bîtcă Andreea-Maria**

## Fertilizer

I'm ripping you out of my soil  
Like you'd rip out a weed,  
I'm not letting you feed  
My insecurities.

You can throw all your dirt on my name,  
I'll use it to grow a garden instead.  
Don't you think about coming back  
Cause I'm ripping the memories by the roots out of  
my head.

All you ever did was trash on me...  
But it's fine now,  
A garden needs its fertilizer,  
You're nothing but a womanizer.

And YOU,  
you're the snake crawling through tall grass  
Wrapped around my tree of life...  
Leave me to grow flowers in my garden of Eden  
And stop spreading your poison low and high.

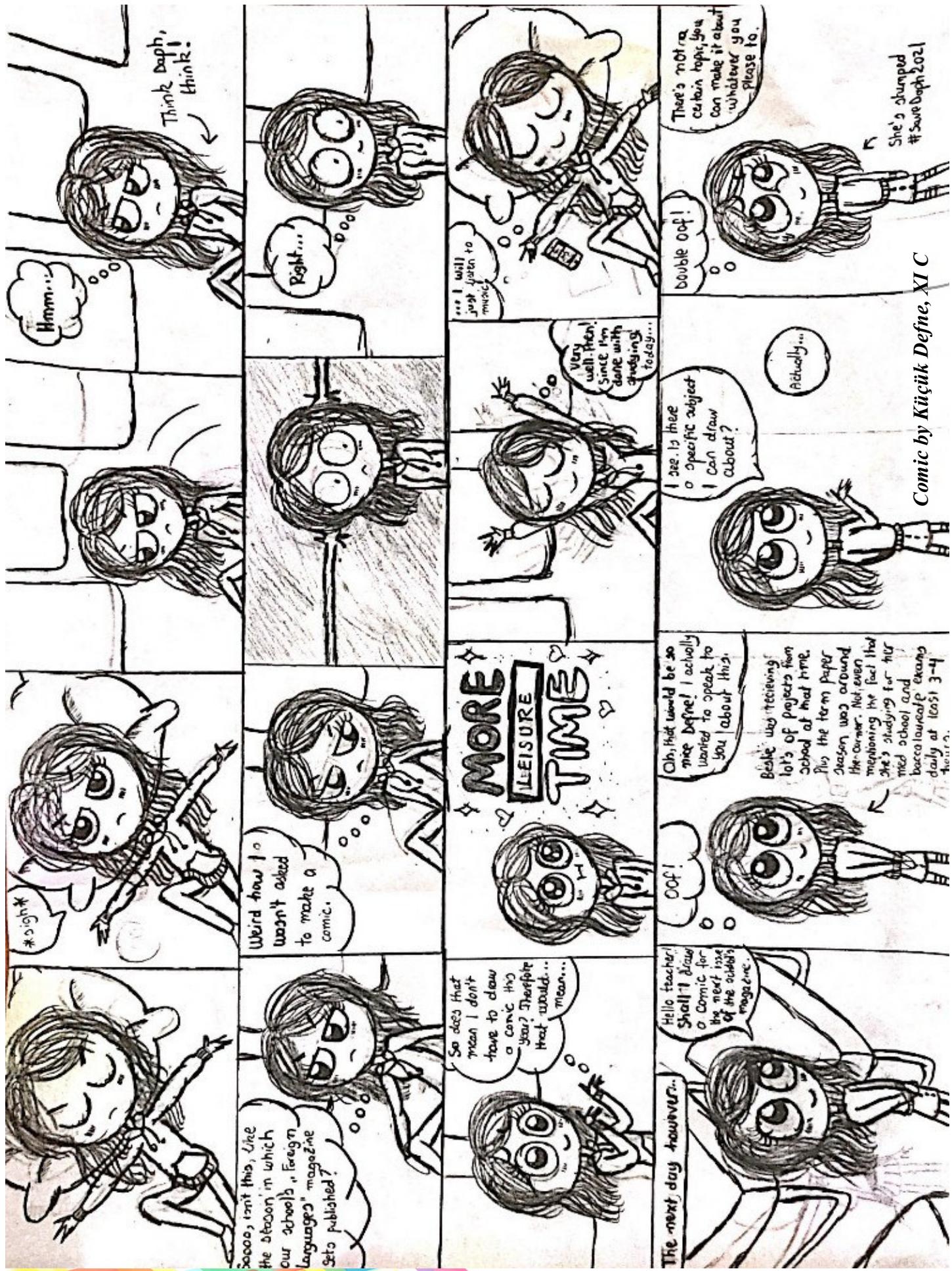
I won't ever be with somebody  
Because I see it as my duty.  
As a friend, in the end  
I'm not even your friend anymore,  
So sorry my love was taken as war...  
All's well when it ends well,  
But we didn't end well.

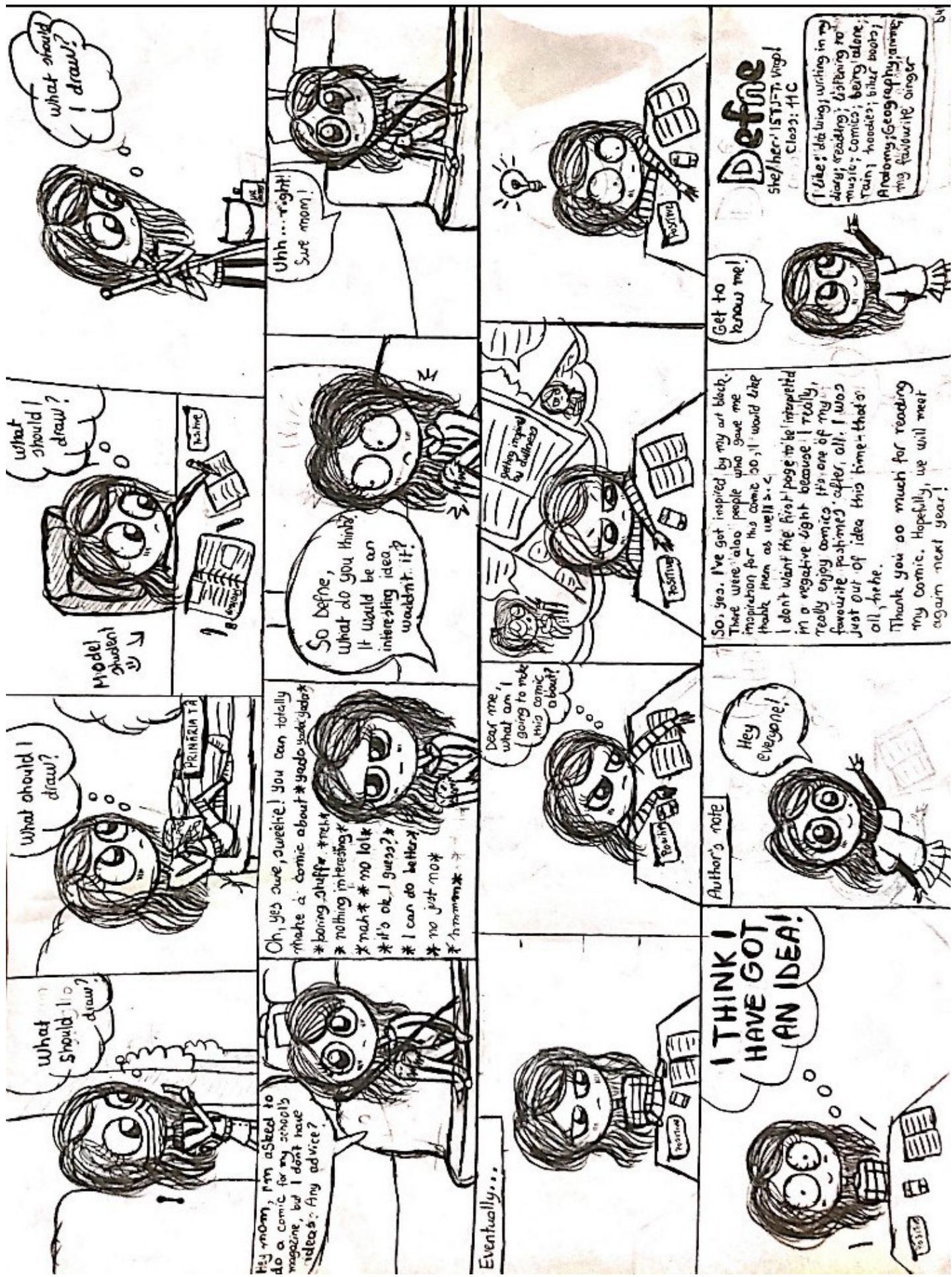
[www.pinterest.com](http://www.pinterest.com)



**Luca Mara, XII B**

**Coord. Prof. Bîtcă Andreea-Maria**





# Dans les coulisses d'un festival de mode

Je m'appelle Alexia Cazan et depuis l'âge de 13 ans je participe en tant que mannequin à des festivals de mode. J'ai eu la chance de gagner des concours de beauté et de présenter des collections de vêtements de nombreux créateurs de mode. Je voudrais vous raconter ce qui se passe dans les coulisses d'un festival de mode.

En général, un festival dure trois jours plus un jour pour le casting. Les mannequins vont au siège de l'agence où on décide qui participe et qui ne participe pas au festival. D'habitude les mannequins sont divisées

en trois groupes: A, B et C. Le groupe A représente les meilleures mannequins, pour le deuxième groupe est faite une sélection parmi les mannequins qui n'ont pas été choisies dans le premier groupe et la même chose se passe avec le troisième groupe. Les mannequins restées sans groupe sont réservées.

Le premier jour, les mannequins se rassemblent le matin et font l'essayage des vêtements pour les collections qui seront présentées et on établit l'ordre d'entrée. Tout le monde mange et après, les mannequins se préparent pour la coiffure et le maquillage, en même temps elles font

des répétitions. Le spectacle commence et tout le monde est agité, souvent les mannequins ont seulement quelques secondes pour changer de vêtements. Le deuxième et le troisième jour, les choses se déroulent à peu près de la même manière.

Au bout de ces trois jours, tout le monde est heureux pour la réussite de l'évènement, mais, à la fois, très fatigué.

**Cazan Alexia, XI A**

**Coord. Prof. Pál Paraschiva**

## Get Mood to Move

A few days ago, I just realized, that I was sleepy and tired all day. I didn't have mood for anything. I looked a little further, what should have caused these symptoms. The answer was more evident than I thought before. If you are exhaustible, sleepy and you often feel cold, just like me, we have the same problem: simply we just don't move enough.

Did you know that being overweight isn't the single negative effect which can cause an inactive lifestyle? Here are just some of them: your bones may get weaker and lose mineral content, your immune system may not work as well, you may have poorer blood circulation (that's why you feel cold), you may



develop a hormonal imbalance. I think these facts are really frightful.

We really don't have too much time beside the school to move enough, to do exercises, but I think that sometimes we just don't have enough motivation. Let's see some reasons, why we should take time to do sports!

### **Get rid of stress and anxiety!**

If you had a terrible day and you want to express somehow your feelings, exercising and doing different sports is the best choice. Exercising is a natural way to let go the stress. Studies have shown that the physical activity involved with sport participation can reduce stress.

### **“Mens sana in corpore sano”**

Regular participation in sport and being active can promote good mental health. This includes combating negative emotions and protecting against depression.

### **You will be smarter!**

Many studies have revealed that playing sports can boost your brainpower. People who are more active show greater attention, have faster cognitive processing speed.



### **Move for a healthy heart!**

Your heart is a muscle and needs frequent exercise to help it keep fit and healthy. A healthy heart can pump blood efficiently around your body. Your heart will improve in performance when it is regularly challenged with exercise. Stronger heart can improve overall health of the body.

### **If you have no idea how to start an active life, here are my tips!**

If you live close to your school, you should walk or ride a bike instead of using public transport or traveling by car.

My second suggestion is trying different sport challenges. On the picture you can see a plank challenge. The plank pose is where you hold a push-up position while resting on forearms. Planking is the ideal exercise for strengthening crucial core muscles. In my opinion it's a good exercise for the beginners.

I hope that after these facts you will be more motivated to do sports and live an active life!

**Keresztesi Csilla, XI D**

**Coord. Prof. Szabó-Ádám Emese**

### **30-Day Plank Challenge**

Day 1: 30s	Day 11: 1m 30s	Day 21: 2m 25s
Day 2: 30s	Day 12: Rest	Day 22: 2m 30s
Day 3: 45s	Day 13: 1m 40s	Day 23: Rest
Day 4: 45s	Day 14: 1m 45s	Day 24: 2m 35s
Day 5: 1m	Day 15: 2m	Day 25: 2m 40s
Day 6: Rest	Day 16: 2m 5s	Day 26: 2m 45s
Day 7: 1m	Day 17: Rest	Day 27: 2m 50s
Day 8: 1m 10s	Day 18: 2m 10s	Day 28: Rest
Day 9: 1m 15s	Day 19: 2m 15s	Day 29: 2m 55s
Day 10: 1m 25s	Day 20: 2m 20s	Day 30: 3m

# Conigli semplici per ridurre lo stress



**Gli esercizi di respirazione** possono anche essere un vero vantaggio quando senti che non puoi più sopportare il livello di stress. Rilassa le spalle e i muscoli del torace e inspira profondamente, quindi

espira lentamente attraverso la bocca.  
Ripeti 4-5 volte e ti sentirai rilassato in un modo quasi miracoloso.

**Un bagno caldo** è un antico rimedio contro lo stress. G. Frank Lawlis, fondatore di The Lawlis e Peavey Centers for Psychoneurological Changes (Texas) e consulente del famoso Dr. Phil - psicologo americano e produttore di "Dr. Phil" spiega il fenomeno: quando sei stressato, la circolazione sanguigna alle estremità si riduce e un bagno caldo, con sali, darà nuovamente l'impressione di sicurezza e rilasserà il corpo. Se non hai una vasca da bagno nelle vicinanze, lava semplicemente le mani con acqua tiepida: funzionerà altrettanto bene.



**Mangia sano.** Il segreto per combattere lo stress è avere un'alimentazione equilibrata. Un corpo ben nutrito sa affrontare meglio gli effetti psicofisici dello stress. Inoltre, questo disturbo viene associato alla tendenza ad abbuffarsi: quando una persona è stressata, tende a preferire i cibi ipercalorici e pieni di grassi. Se vuoi attenuare lo stress, dovresti prestare particolare attenzione all'alimentazione. Ecco come fare:

- Fai una colazione sana. È il pasto più importante della giornata, quindi cerca di mangiare cibi contenenti carboidrati, come l'avena, degli alimenti proteici, come tacchino o prosciutto magro, e una porzione di frutta o verdura.
- Fai tre pasti bilanciati al giorno. Fare pasti regolari nonostante gli impegni e lo stress ti aiuterà ad acquisire buone abitudini, dandoti più energia.
- Prenditi delle pause per fare spuntini sani: ti daranno la carica nel corso della giornata. Portati una mela, una banana o una bustina di mandorle. Evita i prodotti che ti fanno sentire a terra e letargico, come gli snack zuccherati o le bevande gassate.
- Diminuisci il consumo di caffeina e zucchero. Ti danno la carica solo temporaneamente, infatti spesso causano un crollo delle energie e peggiorano l'umore. Consumarli di meno può anche aiutarti a dormire meglio.



**Ridi di più.** È stato dimostrato che ridere combatte lo stress. Molti medici, come Patch Adams, credono che l'umorismo possa incidere positivamente sulla guarigione da malattie e interventi chirurgici. Alcuni studi hanno dimostrato che l'atto stesso di sorridere può migliorare l'umore e rasserenare. Ridere libera endorfine, sostanze chimiche del buonumore.

**Allontanati dallo schermo.** L'uso ininterrotto del computer è associato allo stress, alla perdita del sonno e alla depressione nelle donne, secondo uno studio dell'Università di Gothenburg, in Svezia. Assicurati di fare delle pause e cerca di spegnere il computer almeno un'ora prima di coricarti.

**Altre idee.** Trascorrere del tempo con la famiglia, gli animali domestici, le tecniche di digitopressione (massaggiare le tempie in situazioni di stress fa miracoli), una breve passeggiata all'aria aperta o gli esercizi di immaginazione (immagina di essere in vacanza rilassante) sono anche metodi efficaci nella lotta contro lo stress.

**Botofei Sergiu-Raul, Puia Bernadett-Noemi, Suciu Bianca-Maria, Macarie Maria, XII.D  
Coord. Prof. Kiss Emőke**

# OUTDOOR WINTER ACTIVITIES

When it comes to winter not everyone loves it, especially if you are not into activities and things like that. It's obviously very cold and dark and you may find yourself staying at home more often, but if you can get into some winter activities, it's the perfect time of the year to do so and it's one of my favourite season.

Whether you live in a colder area or travel to countries like Canada, here are some of the most popular activities to do during the colder months.

## **SNOWSHOEING**

One of the easiest activities to do during the winter month is snowshoeing. This activity is quite easy to do, basically just like hiking, just strap on your snowshoes and you're good to go. It's fun because it can be done with multiple groups of people and you can reach beautiful destinations where you can take stunning pictures. The cost of this activity is only 15 dollars per person for some snowshoes.



## **XC SKIING**

Cross country skiing is another popular sport. It's a lot easier than downhill skiing because it's not as scary but is a great exercise and is much cheaper because you don't have to pay for a ski resort. It's also quite a workout because most of the tracks are uphill and some of them are very steep. The cost is a bit higher at around 100 dollars per person.

## **SKIING**



This is by far my favourite sport in the winter. It's fun once you get the hang of it. There are many ski resorts out there with lots of slopes where you can choose from. The slopes vary from easy to very hard, easy being marked with green or blue and hard with red or black. Easy slopes are perfect for beginners so you can learn how to ski very easily. It can cost between 100 and 500 dollars depending on how much you want to spend.

## **ICE SKATING**

Another activity that is fun to do in the winter is ice skating but it's a little trickier because of the slippery ice. A big ice skating rink can hold up to fifty people so you can go ice skating with all of your friends. It's very well known because of hockey, it can be done outdoors as well as indoors or on frozen lakes and lots of people love it. It's not expensive at all, at only 10 dollars per person.

## **SNOWMOBILING**

I have never tried this activity but I am sure it's a lot of fun being able to glide through the snow with a powerful machine and climb on stuff that foot can't reach. It is indeed a very dangerous activity but it's worth it and the price is about 150 dollars for a snowmobile.

## ICE FISHING

Ice fishing is very fun but requires patience. A hole is made with a special drill and then you submerge the fishing pole with a hook and bait so fishes bite on it. It's just like normal fishing but on ice. If you want to do it professionally the investment is about 250 dollars but if not, equipment can be rented for cheap.



## WINTER FESTIVALS

There are many types of winter festivals but now I am talking about the ones with activities strictly related to snow as well as bobbing, hockey, sledding on big ice slopes and many more.

## SLEDDING

Sledding is done on a steep and long hill with round plastic "donuts" called sleds. It's very fun and pretty cheap at around 20 dollars.

## FAT BIKING

A fat bike is a mountain bike with thick tires and a lot of traction so it's very easy to ride in the snow.

## DOG SLEDDING



If you find yourself being an animal lover as well as a snow lover, this is the greatest thing to do: you sit on a sled and trained dogs pull you very fast on snow. This activity lets you see more of the surroundings.

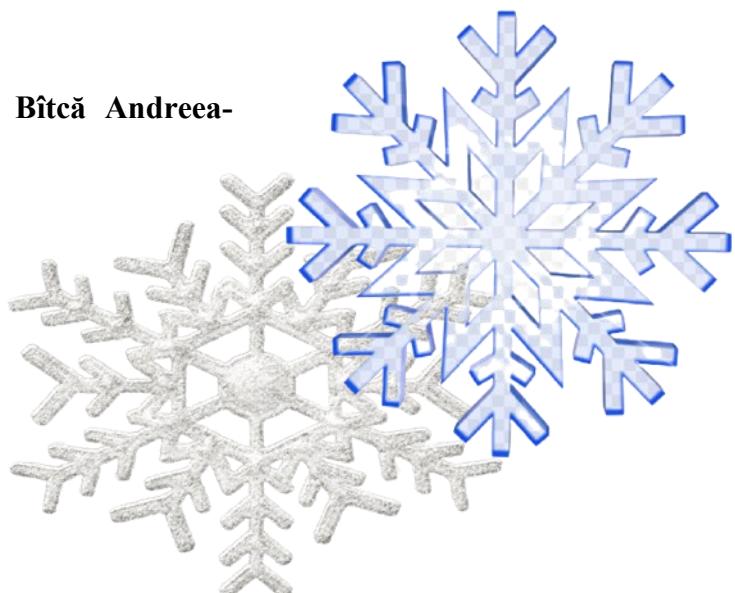
Whatever you choose to do this winter, be it ice skating, dog sledding or simply going to a winter festival, make sure you have fun and fully enjoy the time spent with family and friends.

After all, that's what truly matters!

**Ştefco Alexandru, X C**



**Coord. Prof. Bîtcă Andreea-Maria**



# The Temptation of Gracie

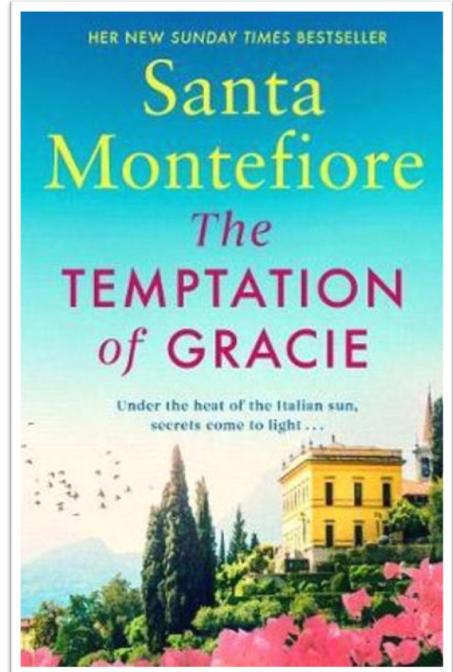
## Santa Montefiore

Les mots décrivant ce livre sont: mystère, tristesse, joie, amour, famille. C'est un livre qui nous apprend qu'il n'est jamais trop tard pour aimer.

Le livre est écrit par Santa Montefiore et c'est une histoire d'amour entre Gracie et un homme mystérieux, une histoire d'amour qui après 41 ans est capable de surmonter les erreurs du passé. Le livre garde en suspens le lecteur et le captive de plus en plus.

Gracie est une femme qui vit seule, loin de sa fille et de sa petite-fille, elle n'a pas beaucoup d'amis et elle est une femme solitaire. Un jour, elle décide de quitter l'Angleterre et d'aller en Toscane pour suivre un cours de cuisine. Sa fille Carina et sa petite-fille Anastasia décident de l'accompagner et cette semaine quelque chose d'inattendu se passe et les trois se rapprochent. Gracie révèle la raison qui la ramène au château et au mystérieux propriétaire, le comte Bassanelli. Anastasia vit aussi une histoire d'amour, mais seulement pour une courte période. Carina réalise que le travail n'est pas la chose la plus importante et elle regrette d'avoir été si loin de sa mère. La fin laisse le lecteur surpris et fasciné.

„The Temptation of Gracie” est un beau livre qui a rendu ma journée meilleure quand j'ai fini de le lire. Je le recommande de tout mon cœur parce que c'est une histoire merveilleuse sur l'amour. Je peux garantir que celui qui lira le livre ne regrettera pas une seconde parce que chaque livre est nourriture pour l'âme et l'esprit.



Ionescu Mara, XI A

Coord. Prof. Pál Paraschiva

# Neon Genesis Evangelion

## 新世纪エヴァンゲリオン

Neon Genesis Evangelion is a TV show that ran from 1995 until 1996. It was produced by Gainax and was animated by Tatsunoko. The series is set fifteen years after a worldwide cataclysm, particularly in the futuristic fortified city of Tokyo-3.

The protagonist of the show is Shinji Ikari, a teen boy, who becomes the pilot of a giant bio-machine called Evangelion (more specifically Unit-01) to try to prevent “Angels” from causing more cataclysms.

### *Shinji Ikari*

He is the son of Gehirn bioengineer Yui Ikari and NERV Commander Gendo Ikari. When he is told to pilot Unit-01, he denies, not wanting to do it. Though Shinji denies it, he yearns for praise, and he eventually begins to pilot Unit-01 to gain the approval and love from his father.

He also continually tells himself "I mustn't run away!", further demonstrating his need to move forward and let go of the past.

Due to his father abandoning him at a young age, Shinji blames himself for not being good enough. He also shows a great fear of emotional pain and of being hated or left behind. The teen is shown to be introverted and disconnected from reality. He is shown to put his life in danger just to save other people's lives. Shinji has medium-length straight brown hair and gray-blue eyes. Shinji is also very skinny, and often has his shirt tucked in, showing that he is a rather tidy person. When spending time at NERV or out in the city, he wears his uniform which is a white dress shirt, blue t-shirt, dark pants and white sneakers, though when in his apartment, he will often wear something more casual. Shinji's plug suit has a very light blue torso, complemented by the rest being a dark blue color with black portions as well.

### ***Quote from episode 26***

*"Everything is simply a shape, a form, an identifier*

*To let others recognise me as me,*

*but then, what am I? Is this me?*

*My true self, my fake self?*

*What is it that I am?*

*Nobody understands me!"*

### ***The Angels***

As most commonly used in the show and elsewhere, the word "Angel" refers to any of Adam's fifteen children, whom NERV must systematically destroy over the course of the story. Adam itself, the designated "First Angel", is occasionally included with its offspring when speaking of Angels collectively

One possibility is that Angel actually refers to all beings whose origin is ultimately traceable to the First Ancestral Race.

Angels", then—which we know to refer to both Seeds of Life and their progeny—could be thought of as "messengers" for their "God(s)". The "message" to be disseminated is humanity itself. Their A.T. Fields are much more powerful than those of LCL-based lifeforms, giving them various paranormal, especially psychokinetic, abilities. Common utilizations include barriers ("force fields"), levitation, and metamorphosis.

### ***List of Episodes***

The TV show has a total of 1 season which contains 26 episodes.

1. *Angel Attack*
2. *An Unfamiliar Ceiling*
3. *The Phone That Never Rings*
4. *Rain, and After Running Away*
5. *Rei, Beyond the Heart*
6. *Decisive Battle in Tokyo-3*
7. *A Human Work*



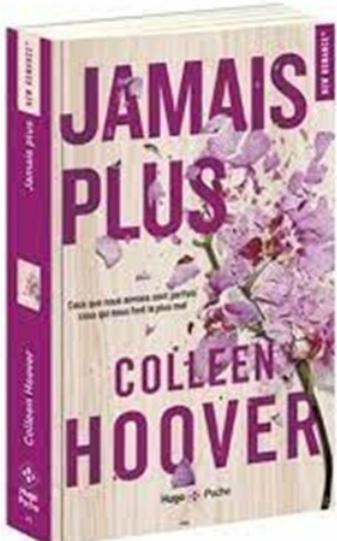
8. *Asuka's Arrival in Japan*
9. *A Heart Once More in an Instant*
10. *Magma Diver*
11. *In the Still Darkness*
12. *The Value of Miracles*
13. *An Angel's Invasion*
14. *Seele, the Throne of Souls*
15. *Lies and Silence*
16. *In sickness unto death, and...*
17. *The Fourth Child*
18. *The Choice of Life*
19. *A Man's Battle*
20. *Shape of Heart, Shape of Human*
21. *The Birth of Nerv*
22. *At Least, Be Human*
23. *Tears*
24. *The Final Messenger*
25. *A World That's Ending*
26. *The Beast that Shouted "I" at the Heart of the World*



**Bartha Eszter, XI D**

**Coord. Prof. Szabó-Ádám Emese**

## Jamais Plus



Colleen Hoover est l'auteur de 10 best-sellers du New York Times, cinq d'entre eux étant *Ugly Love*, *Slam*, *Hopeless*, *Confess* et *Verity*.

Colleen Hoover a déclaré qu'elle avait été inspirée par son adolescence, les personnages principaux étant ses parents.

Ce livre parle de Lily Bloom qui n'a pas eu une vie très facile, car dans son adolescence elle a été marquée par les violences conjugales qui ont eu lieu dans sa famille. Elle a déménagé à Seattle pour réaliser son rêve, en ouvrant un magasin de fleurs.

Après la mort de son père, elle rencontre Ryle Kincaid, un beau neurochirurgien charmant et ambitieux, dont elle tombe amoureuse. Mais sa vie avec Ryle change soudainement quand Atlas, son premier amour, qui lui a laissé des souvenirs à la fois merveilleux et douloureux, réapparaît. Est-ce

que Lily va réussir à faire les bons choix en rompant le destin violent de sa famille ?

Ce livre a suscité en moi des sentiments de tristesse, de mélancolie et de pitié.

C'est un livre très intéressant, avec des retournements de situation inattendus qui créent un énorme suspense. Je recommande ce livre à tous les adolescents.

Voilà deux citations qui m'ont impressionnée :

*„Il n'y a pas de mauvaises personnes. Nous sommes tous des gens qui font parfois de mauvaises choses.“*

*„Cela vous donne l'impression qu'il vous aime mais il ne vous aime pas correctement.“*

**Mitru Alexia, XI A**

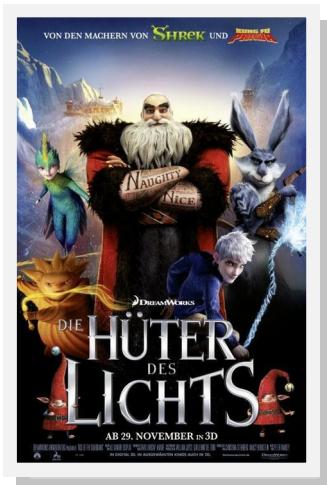
**Coord. Prof. Pál Paraschiva**

# Filmberatung

**Wenn Weihnachten kommt**, möchten wir alle etwas miteinander teilen: unsere Freundlichkeit, unsere Liebe, unsere Zeit. Und wenn es uns klar wird, dass wir Zeit miteinander verbringen möchten und uns einfach nur zusammensetzen und etwas mit Popcorn oder etwas Süßem in den Händen ansehen möchten, **suchen wir nach Filmen, die wir sehen möchten**. Aber da sowieso Weihnachtszeit ist, gebe ich euch eine perfekte Weihnachtsfilmliste für die Feiertage. Es gibt einige, die animiert sind, und es gibt auch normale Filme. Hier ist die Liste:

## Die Hüter des Lichts

[Abenteuerfilm, Komödie, Fantasyfilm, Animationsfilm]



## Der Grinch

[Fantasyfilm, Klamaukfilm, Komödie]



## The Chrismas chronicles

[Komödie]



## Alle Jahre wieder- Weihnachten mit den Coopers

[ Komödie]



## Liebe braucht keine Ferien

[romantische Komödie, Komödie]



Ich habe auch die Genre-Typen auf die Liste geschrieben, damit ihr leicht den richtigen Film für den Abend auswählen könnt. Viel Spaß!

**Komesz Evelin, XI. F**

**Betreuerin Kommer Erika**

# Festliche Kuchen

## Adventkuchen

### Zutaten für 4 Portionen

- \* 5 Stück Eier
- \* 250 g Zucker
- \* 250 g Haselnüsse (gerieben)
- \* 100 g Rosinen
- \* 60 g Aranzini
- \* 1 Messerspitze Zimt (gemahlen)
- \* Messerspitze Gewürznelken (gemahlen)
- \* 250 g Mehl
- \* 0.5 Päckchen Backpulver
- \* 1 Schuss Milch nach Bedarf

### Zutaten für die Form

- \* 1 Esslöffel Butter
- \* 1 Esslöffel Mehl

### Zutaten zum Verzieren

- \* 60 g Mandeln (gehobelt)
- \* 1 Esslöffel Hagelzucker



### Zubereitung

Für den Adventkuchen zuerst rühren wir die Eier schaumig.

Wir fügen die Zucker, Nüsse, Aranzini, Rosinen, Zimt und Gewürznelken hinzu und wir vermengen alles gut. Zum Schluss heben wir das Mehl und das Backpulver unter und fügen die Milch hinzu.

Den gerührten Teig füllen wir in die (mit Butter eingefettete und mit Mehl bemehlte) Kastenform und wir backen ihn bei 180°C im vorgeheizten Ofen, ca. 50-60 Minuten. Wir müssen die Nadelprobe machen und 5-8 Minuten vor Ende der Backzeit bestreuen wir den Kuchen mit gehobelten Mandeln und Hagelzucker.

# Schneewolken-Kuchen mit Kokosgestöber

## Zutaten

- \* Für 15 Stücke
- \* 100 g Mehl
- \* 8 Eiweiß
- \* Salz
- \* 160 g Zucker
- \* 1 Päckchen Vanillezucker
- \* 4 Teelöffel Zitronensaft
- \* 1 Dose(n) Litschis
- \* 2 Esslöffel brauner Zucker
- \* 500 g Schlagsahne
- \* 250 g gesüßte Kokoscreme (Dose)
- \* 2 Päckchen Sahnesteif
- \* 50 g Kokosraspel
- \* Fett für die Form
- \* Mehl für die Form
- \* Küchenpapier

## Zubereitung

Wir streichen das Mehl durch ein feines Sieb. Wir heizen den Backofen auf 180 °C vor. Wir schlagen die Eiweiß in einer großen Schüssel steif, wir fügen 1 Prise Salz, Zucker und Vanillezucker und dann den Zitronensaft hinzu. Wir schlagen das Ganze so lange, bis eine glänzende weiße Masse entsteht und wir heben das Mehl unter.

Wir füllen die Masse in eine gefettete und mit Mehl ausgestäubte Kastenkuchenform (30 cm Länge), streichen sie glatt und backen etwa 45 Minuten, dann lassen sie in der Form auf einem Kuchengitter etwa 30 Minuten abkühlen.

Wir nehmen den Kuchen aus der Form und lassen ihn auskühlen. Inzwischen gießen wir die Litschis in ein Sieb und lassen sie gut abtropfen. Den Saft sollen wir dabei auffangen. Wir geben 200 ml Saft davon in einen kleinen Topf. Wir fügen brauen Zucker hinzu, kochen ihn auf und lassen ihn bei mittlerer Hitze etwa 8 Minuten einköcheln (ergibt etwa 100 ml Sirup). Wir füllen den Sirup in einen Becher und lassen ihn abkühlen.

Wir sollen die Litschis zwischen Küchenpapier ausdrücken und grob hacken. Sahne und Kokoscreme schlagen wir mit dem Schneebesen des Rührgerätes auf und lassen dabei nach und nach Sahnesteif einrieseln. Wir ziehen die Litschis unter ca. 1/3 der Creme.

Wir halbieren den Kuchen waagerecht. Wir beträufeln die Schnittflächen gleichmäßig mit dem Sirup. Wir streichen die Litschicreme auf den unteren Boden, setzen den oberen Boden darauf und streichen den Kuchen mit der restlichen Creme ein. Wir bestreuen den Kuchen mit Kokosraspeln und stellen ihn etwa 45 Minuten kalt.

**Kósa Antónia, XI. F**

Betreuerin Kommer Erika

# MINI ZIMTROLLEN

## Zutaten für 12 Stücke:

- ◊ 1 gekühlter Tortenboden
- ◊ Butter, geschmolzen
- ◊ Zucker
- ◊ Zimt
- ◊ 1 Tasse Puderzucker (120 g)
- ◊ 1 Teelöffel Milch



## Vorbereitung

1. Den Tortenboden ausrollen und rechteckig ausschneiden.
2. Mit der gewünschten Menge geschmolzener Butter, Zucker und Zimt bedecken.
3. Kruste aufrollen.
4. In kleine Scheiben schneiden. Bei 180 °C (350 °F) 10-15 Minuten backen, je nachdem, wie dick Sie sie schneiden.
5. In einer Schüssel Puderzucker mit Milch mischen, bis eine Glasur entsteht. Fügen Sie Milch hinzu, wenn Sie eine dünnere Konsistenz wünschen. GUTEN APPETIT!



1.



2.





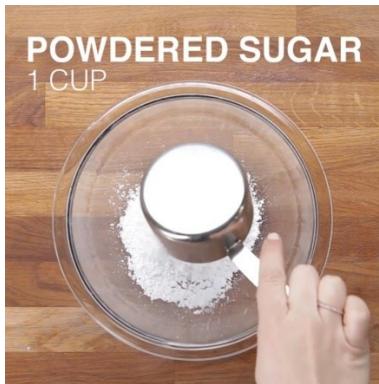
3.



4.



5.



**Veres Kinga Emese, XI.F**

**Betreuerin Kommer Erika**

**Fotografii copertă (față-spate): Korpadi Sandra, XII D**

